Fertility Nurses of Australasia

Melbourne Conference

2015

“Making It Happen In ART”

Saturday 18th April

7.30am till 5.00pm

Rydges on Swanston St

Melbourne

(Registration and Breakfast from 7.15am)
FNA Melbourne Workshop 18th April, 2015

‘MAKING IT HAPPEN WITH ART’

7.30am  Registration and Breakfast

8.00hrs  Fertility Preservation, Clinical Management and Patients Perspective
Chantelle Zalesky- RSU, The Womens, RN /Coordinator of FPS

Fertility Preservation  Register - Franca Agresta -MIVF, Researcher Scientist

9.00hrs  Gold Standard in ART -Dr Joe Sgroi - MIVF, Fertility Clinician

10.00hrs  Chronic Viral Illness Clinic – the Role of the Nurse  -Lidia Della Russo
RSU, The Womens, RN/AUM/CVI Coordinator

10.30hrs  Morning Tea

11.00am  An Introduction to Time-Lapse -  Dr Petra Wale -MIVF, Embryologist

12.00hrs  Master of Reproductive Medicine, a nurse’s journey before, during…. but where after?  - Rafa Serrano Real –RSU, The Womens, RN

12.30hrs  Lunch

13.30hrs  Guest Keynote Speaker -Mary Coustas- Writer /Performer

14.30hrs  Only 1000 sperm per heart beat: is that too much to ask?  - Assoc Professor Rob McLachlan, FRACP, PhD is an NH&MRC Principal Research Fellow and Director of Clinical Research at the MIMR-PHI Institute of Medical Research, and Deputy Director of Endocrinology, Monash Medical Centre Melbourne.

15.30  Afternoon Tea

1600hrs  Obesity in women with Polycystic Ovary Syndrome and the role of physical activity”-  Dr Nigel Stepto, Associate Professor in the College of Sport and Exercise Science Victoria University, an Accredited Exercise Physiologist and a research associate of the Institute of Sport Exercise and Active Living (ISEAL). He now holds an honorary Accredited Exercise Pysiologist

17.00hrs Close of Day

You are invited for drinks, to follow in the Lounge
Chantelle Zalesky

Registered Nurse/ Nurse Coordinator of Fertility Preservation Service, The Women’s Hospital, Melbourne

Chantelle has worked as an infertility nurse at the Royal Women’s Hospital for over 4 years. She is a CNS and is the reproductive Services nurse coordinator of the Fertility preservation Service. As part of her role, Chantelle enjoys liaising with oncologists, fertility specialists and patients to ensure all fertility options are explored and patients are supported throughout their treatment. Chantelle has a keen interest in ovarian tissue grafting and has recently been involved in the coordination of these patients at the Reproductive Services.

Presentation

Fertility Preservation- Clinical Management and Patients Perspective
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Franca Agresta – Clinical Research Manager, Melbourne IVF

Franca is Melbourne IVF’s Clinical Research Manager, and has more than 16 years’ experience in research, where laboratory and basic science research has evolved into the initiation and coordination of various clinical trials.

Franca and her Team are actively involved in various research projects, both investigator-initiated trials and in collaboration with pharmaceutical companies.

Her extensive training, ensures that clinical research conducted at Melbourne IVF is of high quality and compliant.

Her role also involves encouraging and facilitating new research across the various disciplines within the organisation and collaborating with universities and various research institutes.

Franca co-ordinates the Fertility Preservation Program at Melbourne IVF; the largest of its kind in Australia,

She has a major role in orchestrating the development of the very first Australian and New Zealand Fertility Preservation Database, which she will discuss today.

She is also the secretary of the newly formed Medical Preservation of Fertility Special interest group.

Presentation

Fertility Preservation Register

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Dr Joseph Sgroi - Fertility Specialist, Melbourne IVF

Dr Joe Sgroi is a practicing medical practitioner in the Obstetric and Gynaecology Unit at the Royal Women's Hospital. He is a Director of Medic Oncall, since the company was established in 2001. He graduated from medicine at Monash University in 1998 (MBBS).

He completed his basic physician training at The Alfred Hospital in Melbourne. After obtaining a Diploma in Obstetrics and Gynaecology (DRANZCOG) in 2007, Joe commenced formal training in Obstetrics and Gynaecology in 2008 and is due to attain his fellowship in 2014 (FRANZCOG). He has been appointed to The Royal College of Obstetricians and Gynaecologists Training and Accreditation Committee as well as the Continuing Professional Development Committee. In addition Joe has undertaken locum placements throughout Australia, New Zealand and the South Pacific; from Broken Hill to a resort island in Fiji.

Joe is an Honorary Medical Advisory member of the Department of Human Services' Big Brothers Big Sisters program; a program aimed at mentoring youth. Since 2000 Joe has actively represented medical practitioners to both State and Federal Governments in his roles with the Federal and State Australian Medical Association. Joe was instrumental in raising the public and professional profile of Safe Hours for junior doctors. He has held office positions within the Federal AMA as Federal AMA Councillor and Chair of the Federal Council for Doctors in Training. In Victoria he held the position of President of the Junior Doctors Subdivision of AMA Victoria. He has represented junior doctors on the Confederation of Postgraduate Medical Councils, the Commonwealth Ministerial Training Review Panel and the Commonwealth Overseas Trained Doctors Taskforce.

Presentation

Gold Standard in ART
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Lidia Della Russo - Registered Nurse, Associate Unit Manager, Nurse Coordinator of CVI Clinic, The Women’s Hospital, Melbourne

Lidia has worked at Reproductive Services at the Women’s Hospital, for over 10 years. She commenced her infertility nursing role, working in the IVF Theatre. She is now an ANUM and has been the CVI Nurse Coordinator since 2011. As part of her role, Lidia liaises with Infectious Disease Specialist/ Fertility Specialist and patients, to ensure that patients are well supported and prepared to commence their IVF treatment. Lidia finds the role rewarding as she is able to provide continuity of care for all the patients undertaking treatment.

Presentation

Chronic Viral Illness Clinic – the Role of the Nurse
Dr Petra Wale - Embryologist, Melbourne IVF

Dr Petra Wale has worked as an embryologist in both Australia and the USA. Petra has managed the day to day running of both small and large scale IVF laboratories and at present she is the Laboratory Manager at Melbourne IVF and the Chairperson of SIRT. Petra has participated in both clinical and translational research and in 2003 her research was recognised with the FSA award for the Best Scientific Paper (EHSRE exchange award). In 2013 Petra completed her PhD with Professor David Gardner at the University of Melbourne, in which she examined the effect of oxygen on embryo developed. More recently, Petra now has her own fully grown embryo with the birth of her first child in August last year

Presentation

An introduction to time-lapse
Rafa Serrano Real – Registered Nurse, The Women’s Hospital, Melbourne

Rafa qualified as a Registered Nurse in 2009 at the University of Manchester in the UK. He worked in the Cardiothoracic unit at the Whythenshawe Hospital in Manchester – Heart Centre for the North West of England. In February 2011 he started working in the Cardiology/Heart Failure/Cardiothoracic Unit at the Alfred Hospital, and worked there for 18 months. He began his career in Fertility in August 2012 at Melbourne IVF, and since January 2014 he has been working full time at the Reproductive Services Unit in Melbourne’s Royal Women’s Hospital.

He is currently doing my Master in Reproductive Medicine through the University of New South Wales in Sydney. He has recently taken on the role of CVI nurse coordinator at the Royal Women’s Hospital.

Presentation

Masters of Reproductive Medicine, a nurse’s journey before, during…. but where after?
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Mary Coustas  Writer/Performer

Mary Coustas is a writer/performer well known for her performance in Wogs out of Work and for her character Effie developed for the high rating TV sitcom Acropolis Now.

She won a Best Comedy Performer Logie Award for performing the character Effie.

Back on stage, she then went on to appear in the record breaking theatrical shows Wog A Rama and her one woman show Waiting for Effie, which toured nationally throughout Australia. Mary joined the cast of Sylvia for Sydney Theatre Company, gaining high praise for portraying a dog on stage. Mary’s other TV Credits include Skirts, Wildside, Grass Roots and The Secret Life of Us and recently Rake 2.

She also earned herself an AFI Nomination for Best Supporting Actress for her role in Mull and appeared in Nirvana Street Murder and Hercules Returns. Mary has written for, and performed in, her TV show Greeks on The Roof, based on her character Effie’s family home TV Studio.

As Effie has so much to say, Mary allowed her to write a book, Effie’s Guide To Being Up Yourself, which has been published and acclaimed for tackling youth self esteem.

Most recently Mary’s book All I Know was published by Allen and Unwin and touched the heart’s of the nation after her appearance on 60 Minutes.

Effie continues to wow audiences with her latest show A Date With Effie.

Presentation

Keynote Guest Speaker

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\textbf{Associate Professor Rob McLachlan}

Professor Robert McLachlan, FRACP, PhD is an NH&MRC Principal Research Fellow and Director of Clinical Research at the MIMR-PHI Institute of Medical Research, and Deputy Director of Endocrinology, Monash Medical Centre Melbourne. His clinical and research interests include male reproductive endocrinology & the evaluation & management of male infertility, and androgen physiology. He is Consultant Andrologist to the Monash IVF where he oversees the evaluation and management of male infertility. He has published more than 200 original papers and reviews. He is a past President of the Fertility Society of Australia and currently a Consultant to the World Health Organisation on male fertility regulation. He is Director of the Andrology Australia, a Federal Government initiative committed to community & professional education and research in male reproductive health

\textbf{Presentation}

\textit{Only 1000 sperm per heart beat: is that too much to ask?}
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Associate Professor Nigel Stepto

A/Prof NIGEL STEPTO undertook his undergraduate training and a master’s degree at University of Cape Town South Africa, then move to Australian in 1998, after which he undertook and completed his PhD in the Exercise Sciences from RMIT University from 1999 to 2002. After a short Post-Doctoral fellowship at Monash University (in Women’s Health) and lectureship in department of Physiology Monash University, he move to Victoria University in 2007 and is now an Associate Professor in the College of Sport and Exercise Science Victoria University, an Accredited Exercise Physiologist and a research associate of the Institute of Sport Exercise and Active Living (ISEAL). He now holds an honorary research fellow position in Monash Centre for Health Research and Implementation. A/Prof Stepto has been actively researching how skeletal muscle adapts to exercise training in those with chronic lifestyle diseases. Specifically he is interested in High-intensity Intermittent Training (HIIT) and how this may acutely influence clinical outcomes such as blood glucose control, reproductive and mental health in women as well as physiological outcomes in the muscle such as epigenetics, gene expression, protein signalling, lipid storage and tissue fibrosis. Using this basic science approach to exercise, A/Prof Stepto is now undertaking implementation research that focuses on engaging people in physical activity for the prevention of obesity and diabetes, with a special interest in women with Polycystic Ovary Syndrome (PCOS). A/Prof Stepto has been a successful recipient of NHMRC project grant funding for exercise research in women with PCOS, as well as being a current recipient of funding from the Australian Governments Collaborative Research Network for teaching relief, and several Victoria University Strategic Research Grants. Obesity in women with Polycystic Ovarian syndrome and the role of physical activity

Presentation

Obesity in women with Polycystic Ovary Syndrome and the role of physical activity
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